



2 Corinthians 4:7

But we have this treasure in jars of clay to show that this all surpassing power is from God



Art retreat / workshop focusing on the theme of lament, with opportunity for creative expression and prayer.





Musical retreat and ministry through classical music led by <u>Epiphany</u>, with opportunity to receive individual '<u>sound portraits</u>' - a unique piece of music played via improvisation over each retreatant.



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Optional session with a trained spiritual director, helping you discern God's presence and action in your faith story.

## **Guided Group Retreat**

Providing a creative space to reflect on your story and discern God's presence in your life journey, particularly through difficult seasons.

Jars of Clay

Weaving together contemplative prayer with art and music elements, retreatants will be guided through a week of reflection and prayer on the themes of lament and hope.



20 - 24 March 2023



5 days / 4 nights



All Nations Christian College Easneye, Ware, Herts SG12 8LX

The Journey Retreat



£345 full board



Spiritual direction £35

## **Spiritual Direction**

An individual session with someone trained to listen and offer encouragement on your faith journey. If you choose not to have this hour-long session, you have a free day in your schedule to enjoy personal time with the Lord and take walks in the beautiful woodland.

## **Food & Accommodation**

We have single room accommodation wings set aside for retreatants. Although our rooms are not en-suite, all have wash basins. Baths and showers are located nearby. Towels and bed linen are provided. Meals are served in the college cafeteria. Special diets can be catered for - please give notice when booking.

## To Book

Click 'book here' button for the registration form and full details of how to apply and pay for this retreat.

There is a non-refundable deposit of £145.

Be quick, limited places available.